



# WHAT'S BUBBLING

Issue 19: January 2005  
The Magazine of Ealing Sub-Aqua Club (BSAC 514)  
Editor: Natalie Ealand  
Tel: 020 8582 0991  
[Natalie.Ealand@blueyonder.co.uk](mailto:Natalie.Ealand@blueyonder.co.uk)

---

## DIVE TRIPS . . . DIVE TRIPS . . . DIVE TRIPS . . . DIVE TRIPS . . . DIVE

### EASTER 2005

Richard Ayers is organising a trip to **PENZANCE**. Dates: Friday 25<sup>th</sup>, returning Tuesday 29<sup>th</sup> March, staying in Penzance's Youth Hostel. He's reserved some accommodation already but needs confirmation from those interested NOW. You need to be of at least Ocean Diver grade and be prepared to get cold and wet!

### APRIL 2005

Aqua Carta, BSAC Branch 2142, is organising a 3-day hard-boat trip from **PLYMOUTH**. Dates: Saturday 30<sup>th</sup> April, returning Tuesday 3<sup>rd</sup> May, staying with the skipper and his wife. Bed and continental breakfast will cost £12 pppn. A variety of diving is planned. As of 29/1, there were four spaces available; you need to be of Dive Leader grade or above, although Sports Divers with 35m depth progression signed-off will be considered. All divers need to be dive-fit for 30 metres by the end of April. Buddy pairs preferred. A deposit of £20 per day will be required to secure a place. Interested? Please call Keith Lewis on 01895 673857.

## COMING UP . . . COMING UP . . . COMING UP . . . COMING UP . . .

### OCEAN DIVER AND SPORTS DIVER LECTURES

Ocean Diver Theory Lectures - 9am Saturday 5<sup>th</sup> February 2005  
Sports Diver Theory Lectures - 9am Saturday 19<sup>th</sup> February 2005

Venue Northolt Community Centre; Contact Rob Killick, TO, for further information.

**DIVE LEADER THEORY LECTURES - TUESDAY EVENINGS 15TH AND 22ND FEBRUARY AND 1ST MARCH 2005**

Rob Killick urges those needing them to sign-up for lectures covering DT1, DT8, DT9, DT10, DT11 and DT12, two each evening. There's a list posted on the notice board.

**TRANSITION FROM BSAC's OLD SCHEME TO THE NEW ONE**

The Diver Training Group of the National Diving Committee have decided to end support for the old diver training programmes from January 2006. This means that as a Club we can only award qualifications under the old training scheme up to that date and any training or qualifications awarded after that date will be delivered on the current system. From Club records we believe this affects the following people, but all should check:

Angela Gee  
Bill Kerslake  
Declan O'Donnell  
Deri Williams  
Greg Taylor  
Jonathan Wymer  
Neville Simpson  
Pradeep Vohra

Any queries, and to arrange training, please talk to Rob Killick.

**ESAC'S POOL ROTA FOR 2005**

You'll find your own personal dates for marshalling and cleaning as an attachment to this edition. If you can't do the day you've been nominated for, please find a willing replacement and let Jackie O'Dowd know. **MAKE A NOTE OF YOUR DATES NOW!**

**LAST BUT NOT LEAST - ESAC'S "IT'S NOT CHRISTMAS DINNER"!**

I am planning ESAC's 'It's not Christmas dinner' for **Saturday 26th February**. Please could you let me know ASAP by e-mail or signing the board if you would like to come and break your New Year diet. Once I have an idea of numbers I will approach restaurants to make a booking - then will be after you all for deposits.

Mike has agreed to fleece you all for your money for club funds by running the traditional raffle. A suitable raffle prize to the value of about £5 will need to be wrapped imaginatively (unless you have a supply of paper ready for next Christmas).

Jackie

## THE D.O.'S PAGE . . . THE D.O.'S PAGE . . . THE D.O.'S PAGE . . . THE

### Revals 2005

It is that time of year again, time to pull the dive kit out of the cupboard to check that it all works, send the bits for servicing that need it and then try to remember what diving was all about. Well to help you check your diving skills, and diving mind, we at ESAC are again providing a free-of-charge personal session with one of our highly trained Instructors. This year's reval will consist of an 8-question theory paper which you can complete in your own time, a one-hour session in the pool and a one-hour session on pool-side reviewing rescue skills. On the board you will shortly see when we have scheduled you in for your reval. Please make every effort to attend, coordinating the reval process is not easy and we need your cooperation to make it run smoothly. Thanks in Advance.

### Protection Of Our Young And Vulnerable Members

As you will all be aware, Ealing Sub Aqua Club has a proactive approach to the welfare of all its members. We all comply with our own Child Protection Policy, and the guidelines from the BSAC on the protection of our young or vulnerable members. To protect our Instructors and members further we are currently in the process of reinforcing this proactive approach by asking those members who supervise children or vulnerable adults to undertake a Criminal Records Bureau check. This check will be aimed mainly at our Instructors, but if anyone else would like a disclosure application form please see me.

### Instructor Trainers

The Instructor Trainer Development Course is only open to Advanced Instructors (AIs) and runs twice a year, at North and South venues. The course is run by BSAC's top National Instructors and aims to provide the foundation for AIs to move on to train and examine on IFCs, OWICs, PIEs and TIEs. After attending the course you become a TIT (Trainee Instructor Trainer). You then have to attend all the Instructor Training Scheme events to observe, then assist and then be examined on your teaching at each, before you can become an Instructor Trainer. So if you feel like teaching all the steps to Open Water Instructor, 3 times over, and be examined on your ability to teach the next generation of Open Water Instructors, then becoming an Instructor Trainer is for you. If you are thinking of becoming an Instructor or want advice on any part of the Instructor Training Scheme, speak to Michelle and Richard for the most up-to-date information, techniques, or assistance.

# 1000 Dives Challenge

At the AGM I challenged the Club to do 1000 dives this year, and said that there would be prizes for the Dive Marshal whose trip produced the 1,000<sup>th</sup> dive and also a prize to the member who logs the largest number of Branch Dives in the year. The prize of a large wheeled travel bag, donated by Mike's Waterfront Warehouse, will currently be claimed by Jonathon Wymer who has logged the greatest number Branch Dives with a impressive one dive, but there is still plenty of time for you to get to that number 1 spot.



### NDC e-Bulletin

January's edition of BSAC's National Diving Committee's e-bulletin is attached for your update of what's happening outside ESAC's walls.

### London Region

Congratulations to Richard and Michelle who have both been appointed Area Coaches for the London Region. What is an area coach? Well, they now take on the role of providing a link between London Branches, the London Region and its coaching team. Furthermore, they are also part of the Regional Coaching Team, and both currently training to be Instructor Trainers, so a major benefit and a great reflection on them and ESAC. *Please do not refer to the fact they are currently Trainee Instructor Trainers, they get upset when you call them TIT's.*

Michelle has also taken on the role of Skill Development Course Coordinator for the London Region. So if you want to attend, teach or just be involved in London Region Skill Development Courses, she is the one to talk to.

# Mike's night



Following the success of last years Club evening at Mike's we are doing it again. So if you want advice on kit from ESAC diver's and instructors and then **great discounts** from our supportive local dive shop keep your eyes on the noticeboard for the date in early March.

113 Power Road,  
Chiswick, London  
W4 5PY  
Freephone : 0800 0180151  
Phone : 0208 994 6006  
Fax : 0208 994 6556

For questions or further info on any of the above, please contact Craig Burrell, DO, direct.

## WEB NEWS . . . WEB NEWS . . . WEB NEWS . . . WEB NEWS . . . WEB

My thanks to everyone who came along to the meeting last week. Fuelled by Natalie's cakes, quiche and pies, and Mrs Sat's onion bhajies, the evening turned out to be quite animated. We started with a brainstorming session entitled "What do you want to see on the web". This was further subdivided into a public (front window) area and a secure members' area. The rapid fire returns quickly found 30+ ideas written down.

The next step was to demonstrate the new web under construction. Suggestions were made as to how to improve the look, particularly in the public area. There was much debate regarding the security of the site and the manner in which the Club manages records at present, a concern that must be addressed.

The debate was honest and from the hip, the anxieties expressed were clearly stated. It was a successful night and the bruises are fading. The information and suggestions gained allow the working group to move on and address the worries expressed.

My only upset was that someone ate the last of the apple pie.....never take the last piece when a man is down!

Regards  
Nigel

## SOCIALLY SPEAKING . . . SOCIALLY SPEAKING . . . SOCIALLY

Greg and Mandy Taylor celebrated a rather special joint birthday in **November**. It was a very memorable evening, with anyone wanting to speak to the birthday girl having to join her on the dance floor. I wouldn't have liked to be in her shoes the following morning! It was good to see so many Club members there. Many of us had a sharp reminder of just how fast time is flying by - we couldn't decide which actual year "Maggie May", by Rod Stewart, was No.1 - so we asked the DJ. The answer - he'd never heard it before! Pass me my zimmerframe, someone . . .

**New Year's Eve** - Fancy dress, no less, at Mr & Mrs Sat's. I don't do fancy dress. Fortunately, I wasn't alone in that. But those that did make an effort were superb . . .



Thanks to Mr & Mrs Sat for a great time, again it was good to see "old" Club members, such as Linda Edge, and to catch up with husbands and wives of existing ones.

As always, **New Year's Day** follows swift on the heels of New Year's Eve. Looking rather more presentable, without the glued-up hair, Jonathan was the only Club member to venture into the water. Mrs Sat hung onto the other end of the rope and proudly announced to her husband that she was "on the pull again"! A small group retired, following the traditional mulled wine, to the Red Lion for lunch before going home to sleep it all off. And why not.

Natalie, Editor

**Snorkel Games Night.** Oh what a night! Five teams battled it out in a variety of snorkelling-related games: treasure hunt, where the aim was to collect a team's own set of coins of the realm (but so many tried to bring up the foreign coins or other team's coins); flying carpet, where each team member got

to be ferried to the other end of the pool on a mat (if you were lucky, you stayed on the mat); "egg" spoon race, for "egg" read "golf ball", that had to remain on the spoon to the end of the pool; 3-legged race - a wonderful way to drown two divers in one hit; and "wee willie winkie" - no really it was just a night-light on a paper plate that had to remain alight for 4 laps of the pool. We finished with tug-of-war, with chanting teams trying to frighten each other into submission. All great fun, and thanks go to Jackie O for the original idea, and her team of merry helpers for putting it all together.

The final scoring was: In 5<sup>th</sup> place Paul's team on 25 points, 4<sup>th</sup> place Jackie's team on 28 points, 3<sup>rd</sup> place Rob W's team on 31 points, 2<sup>nd</sup> place Nigel's team on 34 points. The overall winner - Christine's team, with 40 points. No prizes, I'm afraid, just a lot of good old-fashioned fun. More of it please!

Thanks go to Mike Howard who pulled off the amazing and seemingly impossible task of keeping all those competitive divers in some sort of order. The organising team of Sheila Holt, Angela Gee, Jon Wymer, Satnam and Ann Howard had better get their thinking caps on (not of the large brimmed flowery type, Ann) as the whole evening seems to have been well received and another one will be called for. Thanks to those who missed out on the in-water fun to act as judges and pool marshal - Natalie, Neville, Rob Killick, Angela, Ann and Craig.

An element of cheating was to be expected. The fin grabbing, coin pinching, rope attaching, golf ball holding, swimming with unlit candle, failing to disboard, antics came as no surprise. The initiative of Alex Philpott, however, in managing to slide the blue tug-of-war losing mark out along the rope must surely deserve a special mention.

Finally, you will find on the club notice board a small fundraising initiative. For an entrance fee of £1 towards club funds (should pay to have all the oxygen bottles refilled after our winter's practice - and remember it could be you that needs it!) I'd like everyone to have a guess and identify which club member uttered the following to me:

**'I couldn't possibly take part. I'm far too competitive and do not want the rest of the club to see just how competitive.'**

Jackie / Natalie

## LATE NEWS . . . LATE NEWS . . . LATE NEWS . . . LATE NEWS . . .

Richard Ayers has been asked to advise the club of the following bad news: Steve Gill, his wife Heather and his step daughter Charlotte were all involved in the disaster at Phuket. Steve and Charlotte were both badly hurt and have spent a long time in hospital, they are both well enough now to travel and should by now be home. However Heather did not survive the disaster.

Steve's address: 21 Grayson Close, Lee on the Solent, Hants, PO13 8BH.